

# Indian Head Massage



indian  
tapotement  
rub  
coconut  
skin  
rest  
therapy  
knots  
strong hair  
neck

head  
friction  
squeeze  
almond  
blood  
relax  
soothe  
tension  
moisturises  
scalp

massage  
vibration  
sesame  
jojoba  
muscles  
destress  
invigorate  
eliminates  
chakra  
face

effleurage  
pressures  
mustard  
oil  
tissues  
holistic  
sleep  
toxins  
back

petrissage  
knead  
olive  
hair  
ayurvedic  
natural  
circulation  
healthy hair  
shoulders